

StopPress

The LAL Torbay Students' Magazine

Issue 47 | August 2010 | www.laltorbay.co.uk/stoppress



Inches rule!
Free cut-out-and-keep ruler and UK measurement guide inside.

A walk along the TTT

Take a walk from Torbay to Totnes on the Torbay Totnes Trail



Brixham Blog
Student Teachers' Day Trip to Brixham

Florence Nightingale
'Lady of the Lamp'



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Welcome to StopPress



Welcome to the August edition of Stop Press. This month we commemorate the 100th anniversary of the death of one of Britain's leading health-care reformers, Florence Nightingale, and continue with the theme of great British women with a sneak preview of what you can expect at the school during our Agatha Christie week at the beginning of September.

We are also pleased to publish some work produced by the students who have been studying here, plus we tell you about a good walk from Torbay. If you don't know what nine miles feels like, don't worry - we look at our crazy measuring system too.

Andy

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StopPress is published by LAL Torbay, edited by Andy Tyrrell and typeset by Jo Langdon.

Grammar Spod by Kevin Ryland. Additional articles in this edition were submitted by Andy Tyrrell and Tristram Grevatt. Thanks to Kevin Ryland for proof-reading.

We welcome submissions: Please hand any items you would like considered for publication to Andy Tyrrell in Room 1.01, or e-mail stoppress@laltorbay.co.uk

Articles in this magazine are contributed and do not necessarily reflect the views or policy of LAL Torbay.

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Read this edition, and past editions of StopPress, at www.laltorbay.co.uk/stoppress

News



Agatha Christie Week

Once again LAL Torbay will be putting on our own Agatha Christie Week to coincide with the one being held in and around Torbay next month.

Here at school we will be having the usual quizzes, film shows in the cinema, puzzles to solve and, of course, no Agatha Christie week would be complete without a performance by the LAL Players.

There will be more information in the September issue of StopPress but for now here is a sneak preview at the itinerary for what's on in the Bay...

- Throughout the week... Unique treasure hunt – clues hidden around Torbay
- **Christie Mystery Shopping**
Clues in Paignton Shops
- **'Witness for the Prosecution'**
Wednesday 15th September, Princess Theatre, Torquay (from £13.50)
- **'Spider's Web'**
from Sunday 12th September, Little Theatre (from £10)
- **Agatha Christie Fête**
Sunday 12th September, Princess Gardens, Torquay 10.00 – 16.30
(Official opening by Mathew Pritchard – Agatha Christie's grandson.)
- **'Agatha Christie Secret Diaries'**
Monday 13th September, New Paignton Library 16.00 – 18.00
Mathew Pritchard and John Cussan – includes refreshments (£4)
- **'Agatha Christie, Literary daughter of South Devon'**
Thursday 16th September, New Paignton Library 19.15 (£1.50)
- **'Appointment with Death'**
Friday 17th September, Torquay Museum (£4)
- **'Tea on the Terrace'**
Sunday 19th September, Living Coasts, Torquay (£6.95)

» For more information on the Agatha Christie Festival visit www.englishriviera.co.uk



British Council

At the beginning of September LAL Torbay will be having its four-yearly inspection by the British Council, an important and essential part of getting permission to take VISA students and being recognised as having the high standards set by this organisation.

But what exactly is the British Council? Founded in 1934 and given a royal charter by King George VI in 1940 it's a quango (QUasi-Autonomous Non-Governmental Organisation). Its job is "to build mutually beneficial cultural and educational relationships between the United Kingdom and other countries, and increase appreciation of the United Kingdom's creative ideas and achievements".

To give you an idea of the scale of this organisation, there are 70 British Council Teaching Centres in 53 countries and the British Council administers 1.5 million UK examinations to over 1 million candidates every year. It jointly runs the global IELTS English language test with Cambridge University ESOL examinations and IDP Education Australia.

As a reflection of the UK's multicultural society, the British Council is working with the Department for Children, Schools and Families to help 3 million children gain an International School Award. At present there are 2,700 schools working to get this award and in doing so improve their understanding and appreciation of other cultures. There are also 153 schools in the Middle East involved in co-operative and collaborative projects with UK schools.

Working with the Foreign and Commonwealth Office and the Ministry of Defence the British Council in Africa is attempting to improve the English language skills of military personnel. The Peacekeeping English Project is helping to train approximately 50,000 military and police service personnel in 28 countries.

For four days two inspectors will review all practices in the school, from the overall management to the individual department. They will have informal chats with students and staff and observe all of the teachers as they teach their classes. At LAL Torbay we are proud of our high standard of professional service and expertise and we all hope that once again we will meet the criteria set by the British Council and be given the accreditation.

History of Music

Level
A2
Pre-Intermediate

Here at LAL Torbay we try to encourage as much communicative activity as possible in our Young Learner classes by allowing the students to work on projects together. In this way they are using English to discuss, investigate and work together, and then continuing to use it to create the finished work. Here is an example of a piece of work produced by two of our Young Learner students.

Time to Rock

Is there a person that doesn't like music? Everybody loves it! There are many types of music, so that everybody can find something for him / herself. Describing all of them would be impossible, so we have decided to tell you about only one (our favourite) type of music – 'Rock'.

"Rock" is a general name which we use for many different music genres. From the late 40s until now it's been the most popular sort of music. It is listened to by everybody, regardless of age, sex, nationality or style. The music itself started to form in the 40s but the name was first used in 1951 by Alan Freed. This music style evolved from blues, R'n'B and jazz. It was very harmonic and rhythmical but more aggressive than previous popular music. Most of the songs were about love or teenagers' problems. The main instruments were rhythmic and lead guitar, bass guitar and drums. The precursors of rock were such artists as Elvis Presley, Bo Diddley or Chuck Berry.

Elvis Presley was one of the most popular American singers of the 20th century and he was widely known as the King of Rock and Roll. He made his first record in 1953 and played in his first film in 1956. The most popular songs recorded by The King were 'All Shook Up' and 'Jailhouse Rock'

Between 1974 and 1979 Rock and Roll transformed into Punk Rock in the US and the UK. Groups created hard, fast music with short songs, stripped-down instrumentation and often political lyrics. Punk took a 'Do It Yourself' style of music production, and many bands set up their own production companies and sold their songs through informal radio and tv channels. One of the most well-known of the punk bands of this time was 'The Sex Pistols'.

In the late 70's punk music evolved into a new type

which became known as 'New Wave'. In some of the new wave songs all the instruments were replaced by a synthesiser and the music became more 'futuristic'. The German group 'Kraftwerk' along with British bands such as 'Joy Division', 'Depêche Mode' led the way with this new style.

By the 90's rock was dominated by commercialised and highly produced pop, rock and 'air-metal' artists. With the arrival of MTV image and style became more important than the music itself. Unhappy with the way rock was going a number of US bands created a style that contrasted with this music. It became known as 'Grunge' because of the dirty sounds of the music and the untidy appearance of the musicians who rebelled against the over-groomed appearance of the popular artists. The song lyrics were often concerned with themes of social alienation and entrapment, although it was also known for its dark humour. One of the most well-known Grunge bands was 'Nirvana'

By Julia and Anna



TOM JACKSON

5 things to do in August

MARJIN VAN BRAAK



DOTSAMSON

Continental Market

27th – 30th August

Celebrating the best of French and Continental produce!

- French Charcuterie
- Dutch and French cheeses
- Toulouse and Merguez Sausages, freshly grilled
- A variety of fresh and dried garlic and seasonal vegetables and fruit
- Amazing jewellery from Paris and Italian leatherwear
- Home-made biscuits from Brittany
- Mediterranean Olives
- Hand-made soaps from Marseilles
- Delicious, flavoursome mustards and spices
- Traditional Moroccan pottery and tajines
- Delicious soups and Cassoulet of all descriptions

Plus a host of other delights to tempt the most discerning of palates and purses!

» Princess Promenade Torbay Road, Torquay, Devon, TQ2 5EZ
Tel: 01803 211211
www.englishriviera.co.uk

Torbay Royal Regatta

21st – 25th August

Torbay Royal Regatta has been a local community highlight for almost two centuries and this year's event is no exception. Enjoy everything from rowing races and the 10km road race, to car rallies and water-ski displays. Highlights also include the Torbay Regatta Fireworks and the Red Arrows.

Regatta Fair 21 - 25 Aug | Mon - Sat 12:00 - 23:00

Rowing Events 21 Aug | Sat 10:00 - 17:00

10K Road Race 22 Aug | Sun 19:00 - 20:00

Spectacular Fireworks 23 Aug | Mon 21:30 - 22:00

Water Ski Spectacular 24 Aug | Tues 19:00 - 20:30

Rolls-Royce Enthusiasts Club 25 Aug | Wed 11:00 - 18:00

The Red Arrows 25 Aug | Wed 18:00 - 18:30

» www.englishriviera.co.uk
Beacon Terrace, Torquay, Devon, TQ1 2BH
Tel: 07903 143208

Torbay Week

20th – 25th August

Torbay Week is the only dedicated sailing regatta where the four individual yacht and sailing clubs of Torbay come together to create a superb week of highly-charged competitions. Expect to see hundreds of yachts and dinghies of all classes racing across the Bay in a bid to win numerous prestigious trophies including the renowned Admiral's Cup.

» Torquay Yacht Club, 12 Beacon Terrace, Torquay
www.torbayweek.co.uk



BRENDAN GOGARTY

Occombe Music Festival

28 - 29 August

Following on from Occombe's award-winning Beer Festival - our first summer Music Festival is setting the stage for a spectacular summer, and one for the whole family. Live bands and soloists will take to the stage for two days packed with well-known hits and original tracks. The festival opens at midday each day, with music from 14.00 - 23.00.

» Occombe Farm, Preston Down Road, Paignton, TQ3 1RN
Tickets: Daily ticket £15.00 | Weekend Ticket £25.00
www.occobmemusicfestival.co.uk

Children's Festival

18th – 20th August

Join Cosmo the Clown for the 65th Children's Festival on Paignton Green. Expect music, magic and a hint of mischief, with a packed programme that includes wildlife displays, cookery sessions, treasure hunts, discos, competitions, circus acts, street entertainers and the return of the infamous Children's Festival Water Fight!

» Children's Festival, Paignton Green, Paignton, TQ4 6BW
Tel: 01803 211211
Entry: Free
www.englishriviera.co.uk



ASIF AKBAR



Brixham Blog



As well as being a teacher training centre LAL Torbay also runs courses for qualified teachers from other countries who want to come to Britain to build on their teaching skills and improve their English.

On the course they look at such things as classroom management techniques, ways of using the latest technology in the classroom and teaching styles.

Last month we had a group of teachers from the Basque region of Spain, and during one of their day trips to Brixham they took some photos and then created a blog about the town. Here's the work that they produced.

Brixham 22nd of August 2010

The view of Brixham with its many colourful houses cascading down on either side of the harbour is one of the prettiest along the South Devon coast.

Brixham personifies the classic English fishing port, mixing tradition with a modern vibrant industry.

General Information

Brixham is a small fishing town in the county of Devon, in the south-west of England.

It is thought that the name 'Brixham' came from Brioc's village. 'Brioc' was an old English or Brythonic personal name and '-ham' is an ancient term for village.

Brixham is at the southern end of Torbay, and fishing and tourism are its major industries.

There are a few beaches, but you can walk all the way around the coast to find a cove to suit you.

How to get there...

You can get to Brixham in two different ways:

Walking

- It takes you 2 hours.
- The trip starts in the beach.
- You'll enjoy the wonderful views.

By Bus

- It takes you 15 minutes.
- You have to take bus number 12 or 12C from the bus station in Paignton.
- The bus leaves you in the centre of Brixham.



The Harbour

Brixham Harbour boasts of having one of the largest fishing fleets in the UK, plus a thriving fish market to support it.

Over 100 fishing boats land and sell their catch at the local Fish Markets on the quayside.

A visitor viewing platform is strategically placed so visitors can watch the busy comings and goings of the fishing fleet, made up of large beam trawlers and the smaller day boats.



Berry Head (Lighthouse)

Berry Head is reputedly the shortest lighthouse in Great Britain, but also one of the highest, being only five metres tall, but 58 metres above main sea level.

It was also said to be the deepest because the optic was originally turned by a weight falling down a 45 metre deep shaft, though an electric motor is now used.



Things to do in Brixham

You can visit Sir Francis Drake's 16th - century ship, The Golden Hind.

You can have a cup of tea in a relaxed pub in the harbour.

At the end of Brixham's inner harbour there is a statue of Prince William of Orange.

Having dinner in Brixham

We got together in a restaurant to have fun with the seafood. The meal was delicious, and out of the window, we could see the moon, smiling at us. We said goodbye to England, but we are aware that we will never forget the time we were there.



PAIGNTON, YOU ARE IN OUR HEART FOREVER

A walk along the TTT

(with a stop for tea)

Enjoy the summer outdoors and stretch your legs on a walk through the countryside. This month we walk from Torbay to Totnes on the Torbay Totnes Trail (TTT or Three Ts for short).

Don't be put off by the full distance of this walk (9 miles/14.5 km): you can break it up by stopping on the way for lunch or tea (or both!) and there are shorter options too.

The full walk

Start at Livermead bus stop (1) and walk towards Cockington along Cockington Lane. At the first junction take the footpath, and follow the path until you reach the end. Now follow the road until you reach the middle of Cockington Village (2).

At the junction, turn left up the hill for about 250 metres (275 yds). At the signpost, turn right into Cockington Court and follow the marked path past the pretty lodge and through the grounds of the Court. The path does not go to the main house, but instead takes you along roads and paths to the gamekeeper's cottage in the woods (3); the gamekeeper was the man who made sure that there were always plenty of 'game' birds such as pheasant in the woods for shooting and eating.

After the gamekeeper's cottage the path begins to climb through Manscombe Plantation, past the Warren Barn and into the fields, before going back into the woods again and descending to the bottom of the valley.

After about 700 metres (780 yds) take care: the path divides. Take the left path here (4).

Follow the path to the road. Turn left onto the road - being careful of

Short routes

Take bus No. 7 from Paignton bus station (Mondays to Saturdays) or 111 from Torquay (every day) to the bus stop in Vicarage Road in Marldon (6). Length of walk from Marldon to Totnes: 5.5 miles (9 km), or reverse route to Cockington: 3.5 miles (5.5 km).

the traffic - and carry on past Occombe Farm (5) to the larger road. Cross this road and turn right, and follow the road until you reach a roundabout.

Use the subway to cross the busy road, then follow the signs to a small bridlepath through a narrow field. Follow this path for about 350 metres (400 yards) then turn left onto a footpath. Follow this to the next road.

You are now on Vicarage Road. Look left, and you will see two bus stops (6), where buses to and Torquay and Paignton stop. In front of these stops is a road called Meadow Park. Walk down this road and take the first road on the right (also called Meadow Park).

At the end of this road walk past the concrete bollards and into a lane. Turn left and walk to a crossroads.

When you reach the crossroads you can see the church straight ahead (7). To the right is the Church House Inn pub, which serves good food. The walk, however, continues straight on up the hill past the church.

The hill is steep, but short. At the top bear right and carry on along the road for about 100 metres (110 yards)

and look out for a footpath on the left. Turn left up the steps onto the footpath. Keep on this footpath along the edges of the fields to the top of the hill.

Look around: there are great views here of the countryside across the valley. The high hill with two TV aerials is Beacon Hill (8), one of many hills in England with the same name which was the site of a fire used to warn of the arrival of the Spanish Armada in 1588.

At the end of the fields go through a gate and down steps into the woods.

At the road at the bottom turn right then - after a few paces - left onto another footpath into the fields.

Follow the footpath along the edges of the fields. The views open up here and to your right, on a good day, you can see all the way to the hills of Dartmoor.

Go through a gate and through some trees, then into another field and down to a small road. This is a 'green lane', an ancient road that was never modernised for cars. Turn left, and follow the lane across a stream and up to another small road. Take the left fork here and follow the road through the valley to a larger road at Afton Bridge (9). Turn left again, then take the first road on the right.

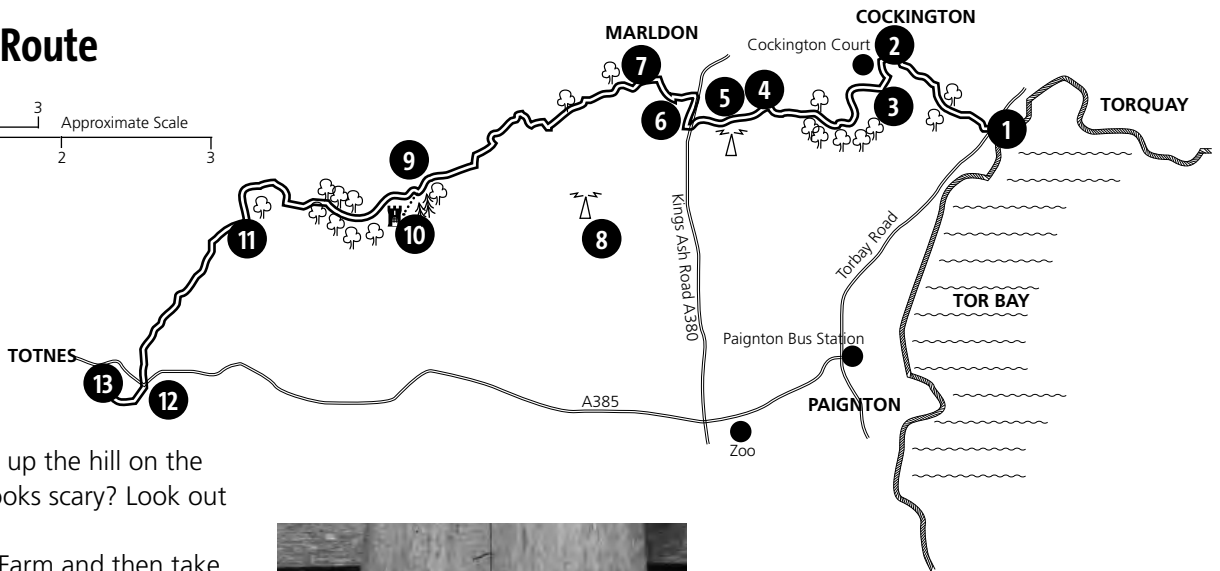
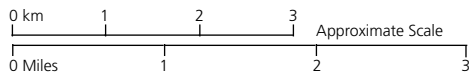
You are now near to Berry Pomeroy Castle (10). If you want to visit the castle (or have a snack in the excellent café), take the first footpath on the left and the castle is about 200 metres (220 yds) up the hill.

Carry on along the road and along the bottom of the valley. You can see

Occombe Farm

Occombe Farm (5) is a working farm on the edge of Paignton which is run by the Council. It has an award-winning farm shop and café, an easy-access nature trail and an education centre. The shop, café and nature trail are open to the public all year round and entry is free. There are events and activities from time to time - see the What's On section.

Sketch Map of Route



the ruins of the castle up the hill on the left. Do you think it looks scary? Look out for the ghost!

After Castle Mill Farm and then take the left fork. You will pass the old sawmill on your right. Follow the track through the valley - do not take any of the forks to the left or right but keep on the main path.

Carry on until you reach a road at Netherton, then turn right past the houses and take the first road on the left. Past Gatcombe Mill turn left again - but watch out for cars. Carry on along the road then take the first road on the right, signed "Mare and Foal Sanctuary" (11).

This is another Green Lane, and you should carry straight on up the hill and along this lane for just over a mile (1.6km). You will pass a lot of caravans belonging to 'travellers' - people who choose not to live in permanent houses.

The Green Lane becomes a proper road as you reach some houses, and you will soon come to the busy main road to Paignton (12). There is a pedestrian crossing to your left: cross the road here and walk down the hill into Totnes. Cross the bridge and turn right past the Royal Seven Stars. The bus stop for the return to Paignton is opposite the Seven Stars on the bridge side of the road (13).



The TTT path is clearly marked with these signs.



Between Cockington and Totnes the path also follows the John Musgrave trail.



Berry Pomeroy Castle

The castle was begun in the 1300s by the Pomeroy family and inside is a later house begun for the Pomeroy family, but never finished. The castle was abandoned by 1700. The ruins are supposed to be haunted by several ghosts: the White Lady is said to climb St Margaret's Tower (she was last seen in 1987); seeing the Blue Lady is meant to be a warning that there will soon be a death. There have also been reports of a ghostly carriage, and countless inexplicable occurrences at the castle, known as the most haunted castle in England.

» To get to Livermead take bus 12, 12A or 12C from Paignton Bus station towards Torquay. A single ticket costs £1.65. RiverLink buses run every hour from Totnes to Paignton. A single ticket costs £1.50.

Berry Pomeroy Castle is open 10.00 to 18.00 in August and to 17.00 in September. Café opening times vary. Entry to castle £4.50. See www.english-heritage.org.uk

Ordnance Survey maps OL20 and 110 cover the route of this walk.

Florence Nightingale

Level
B1
Intermediate

Florence Nightingale changed nursing through her research and campaigns. She became famous as the 'Lady of the Lamp' in the Crimea, and made nursing a respectable profession for women.

Born on 12th May 1820, Britain's greatest campaigner for the medical welfare system was eternally happy that she had not been born in Bognor Regis. Her parents were very unimaginative when they chose names for their children: Florence was named after the beautiful Italian city close to where she was born; her sister, Parthenope, was named, not surprisingly, after the Greek part of the city of Naples.

From an early age Florence was single-minded and determined. In 1844 she announced to her family that she wanted to become a nurse, which outraged her mother. Florence studied hard and educated herself in the male-dominated areas of science and ignored social expectations that she should stay at home and produce babies.

Nothing would stop this headstrong lady from achieving her goals. She rejected the love of several wealthy and attractive men, convinced that marriage would interfere with her career. One relationship that did develop into a lifelong friendship was between her and Sidney Herbert, a politician who held the position of Secretary of War. During the Crimean War Herbert would use his influence to help Florence with her pioneering work.

Florence decided that she needed to travel to study further so she travelled to Greece and Egypt before returning to London and becoming Superintendent at the Institute for the Care of Sick Gentlewomen in 1853.

By the following year news had started reaching home of the terrible conditions for the wounded in the Crimean War. Florence enlisted the help of her old friend Sidney Herbert and arranged passage for herself and 38 women volunteers to Turkey, arriving at Selimiye Barracks in Scutari in November 1854. She found that the soldiers were lying in dirty, neglected conditions. Their wounds were not being treated and disease was rife throughout the camp.

During Florence's first winter at Scutari 4,077 soldiers died. Ten times more of them died of typhoid, cholera and dysentery than of war wounds. It took six months before the British government sent out inspectors to investigate the conditions at the hospital. They immediately ordered the cleaning of the sewers and improvements to the ventilation.

Contrary to popular myth, Florence was not single-handedly responsible for the drop in the death rate: she thought that things could be improved by better food and supplies and not overworking the soldiers in the first place, though she did live up to her name of 'The Lady of the Lamp' by walking the wards at night to check on the sick.



PATCHE99Z, WIKIPEDIA

Florence's hard work caring for the soldiers was recognised by the setting up of the Nightingale Fund for the training of nurses. Sidney Herbert became the honorary secretary and by 1859 Florence had £45,000 to set up the Nightingale Training School at St Thomas' Hospital. The first trained nurses began their new careers in 1865.

When Florence returned to Britain and had time to look over her reports and investigations she came to realise the importance of sanitation and hygiene when dealing with the sick. She later wrote "Every day sanitary knowledge, or the knowledge of nursing, or in other words, of how to put the constitution in such a state as that it will have no disease, or that it can recover from disease, takes a higher place." Her 'Notes on Nursing' published in 1859 became a popular book with the general public and was soon considered to be a classic introduction to nursing.

By 1882, Nightingale nurses had become leading figures in hospitals throughout the country and even in Australia. Their teaching techniques passed on Florence's ideas and practices and spread the word of good nursing.

In recognition of her services to the nursing world Florence was awarded the Royal Red Cross by Queen Victoria in 1883 and in 1907 she became the first woman to be awarded the Order of Merit.

Florence Nightingale died on 13th August 1910. She had been bedridden for several years but continued to work on hospital planning from her own sickbed. Her family refused to allow her to be interred in Westminster Abbey; instead she was buried at St Margaret's Church in East Wellow, Hampshire.

Torquay Museum

Level
A2
Pre-Intermediate



WIKIPEDIA

One of the least advertised and yet most interesting of Torbay's attractions is Torquay Museum, which not only has interesting objects for Torbay's past: this month there's an exhibition of weapons and armour from Hollywood films.

Located up the road from the bowling alley is Devon's oldest established museum. Torquay Museum was founded in 1844 by the Torquay Natural History Society and moved to the present building in 1876. Despite being comparatively small, it has over 300,000 specimens held in storage, only about 1% of which are on display. Items include prehistoric fossils taken from Kents Cavern, to an Egyptian mummy brought back by one of Torquay's famous explorers. One of the most interesting displays charts the arrival of the first humans to set foot in Devon 450,000 years ago, and traces the ancestors down through time, and a museum in Torquay would not be complete without an Agatha Christie gallery. Torquay Museum has Britain's only permanent display dedicated to her life and work containing a huge display of photographs, some of her personal belongings, original manuscripts and her own, hand-written notes.

In 2006 the museum secured a grant from the Heritage Lottery Fund which allowed a major refit of the

Pengelly Hall, turning it into a high tech lecture theatre and exhibition hall, providing the museum with the ability to host touring exhibitions from the National Museums and Galleries.

From 23rd June to 8th September the museum is hosting an exhibition entitled 'Way of the Warrior – Gladiator to Soldier', a collection of incredible weapons and armour, costumes and props from some of the biggest Hollywood movies, such as *Gladiator*, *300*, *The Last Samurai*, *Saving Private Ryan* and *Kingdom of Heaven*.

You can handle replica arms and armour such as medieval and World War II helmets, knight's gauntlets, a Roman shield, a rifle and chainmail. The highlights of the exhibition are the costumes worn Russell Crowe as General Maximus and Joaquin Phoenix as Emperor Commodus from the film *Gladiator*.

» The museum is open:

Monday – Saturday 10.00am – 5.00pm (last entry at 4.00pm)
Sundays from Mid July to September 1.30pm – 5.00pm

Prices: Adult £4.65 | Child £2.95 | Concession / Student £3.50

You can get to Torquay Museum by bus: Take a service 12 to Torquay. From Torquay town centre buses No 32 and 85 will drop you outside the museum, or go to the Museum on foot: the museum is situated on Babbacombe road and is a 5 minute walk from Torquay Harbour.

Making metric measures a merry muddle



How tall are you? What do you weigh? How far is it to Exeter? While you are in England, don't try to answer in 'metric' - metres, kilogrammes and kilometres: the answers to these questions would usually be given in feet and inches, stones and pounds, and miles. These old 'imperial' measures should have been replaced long ago, but we still use them. Why, and how do we cope with a muddle of measurements?

The answer is complicated. It's not just the practical use of familiar measures, because other countries successfully changed to 'metric' years ago. It's not just tradition, because Imperial units were only fixed in 1854 - so they are younger than metric measures.

Britain has considered going metric ever since 1818. Nothing actually happened until 1965, when a Metrication Board was set up to change all our measurements by 1975. It was not a success and, although industries went metric voluntarily, shops and customers had to be forced to change: no-one wanted to advertise or buy larger metric packs which made

goods look more expensive. In the end packets had to be fixed by law in metric sizes.

Amazingly it was only in 1995 that all pre-packed goods had to be sold in metric measures, and unpackaged products went metric - only 25 years late! - in 2000.

Or not: milk and beer can still legally be sold in imperial pints (beer 'on tap' in pubs can't be sold in litres at all). In fact, anything can be (and often is) sold in Imperial units as long as it's priced in metric as well. Even stranger, since the EU banned fixed pack sizes in 2007, some products have returned to their old imperial sizes.

Then there's the problem of road signs: there used to be definite plans to get rid of miles, yards and feet from our roads. The plans were dropped in 2005 - too expensive, you see (about £750 million at the last estimate).

Britain used to have complicated measurements: now we have simple metric measures, but muddle them up with the old system anyway.

We can't decide whether a kg is a kilogramme or kilogram, or if a km is a 'killer-metre' or 'kill-om-itter'. We buy petrol in litres, but measure the fuel consumption of cars in 'miles per gallon'. Instant coffee is in 200g jars, filter coffee in half-pound packs. Maps are metric, but our roads are measured

Measured language

Britain's old measures are firmly fixed in our language. Can you match these idioms to their meanings? Answers on page 18.

1: To fit a quart into a pint pot

2: Give him an inch and he will take a mile

3: To inch forwards

4: Six feet under

5: Join the Mile High Club

6: To fathom something out

7: To hide one's light under a bushel

8: To travel at a rate of knots

9: Six inch rule

10: To want a pound of flesh

A: To move fast

B: To ask for a heavy or unfair price or penalty

C: If you give him what he wants he will still want more

D: To work something out

E: To move slowly and carefully

F: To try to put too much into a space that is too small

G: Have sex on an aeroplane during a flight

H: To have hidden talents

I: Dead and buried

J: The minimum space between students at school

Cut-out-and-keep 8" ruler

Weight

- 1 ounce (oz) = 28 g
- 1 quarter = 4 ounces = 113 g
- 1 pound (lb) = 16 oz = 454 g
- 1 stone = 14 lb = 6.4 kg
- 1 quarter = 2 stone = 12.8 kg
- 1 hundredweight = 4 quarters = 50.8 kg
- 1 ton = 20 hundredweight = 1016 metric tonnes

Length

- 1 inch (or in) = 2.54 cm
- 1 foot (or ft) = 12 inches = 30.5 cm
- 1 yard (yd) = 3 feet = 91 cm
- 1 fathom = 2 yards = 1.82 m
- 1 pole = 5.5 yards = 5 m
- 1 chain = 4 poles (22 yards) = 201 m
- 1 furlong = 10 chains = 201 m
- 1 mile = 8 furlongs = 1.609 km

Liquids and volume

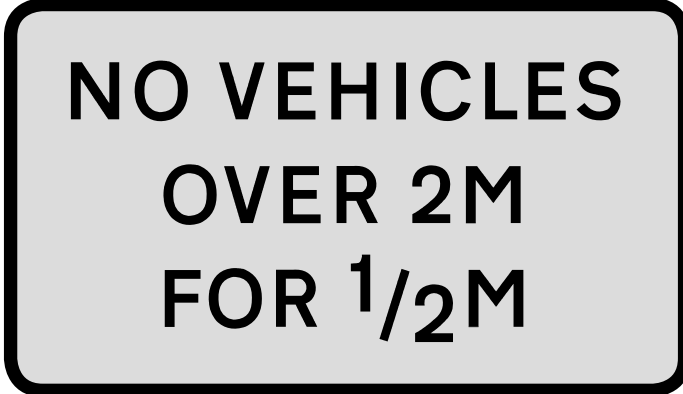
- 1 fluid ounce (fl oz) = 28 ml
- 1 pint (pt) = 20 fl oz = 568 ml
- 1 quart = 2 pints = 114 l
- 1 gallon = 2 quarts = 4.5 l
- 1 bushel = 8 gallons = 36.3 l
- 1 cubic foot (cu ft) = 28 l

Temperature

- °C = (°F - 32) x 5/9

Area

- 1 square foot (sq ft) = 0.09 m²
- 1 square yard (sq yd) = 0.84 m²
- 1 acre = 1 chain x 1 furlong = 4,046 m² (0.40 hectares)



We use 'm' to mean both metres and miles in England; the sign above, which appeared near Bristol during roadworks, shows that sometimes this can be quite confusing.



Beer bought in a pub is sold in pints and cannot be sold in litres. However, soft drinks cannot be sold in pints - an identical glass of lemonade would have to be described as 568ml, for example.



A modern pack of chicken with imperial equivalent price.

in miles. 100 yard markers on motorways are actually 100 metres apart. We use the letter 'm' to mean both metres and miles. We use Celcius for temperature - unless it's hot and people start talking about '80 degrees' (Fahrenheit).

Schoolchildren have been taught in metric since the 1970s: aged 16 they sit exams where cars travel at 27 metres per second; but aged 17 they drive cars at 60 miles per hour. Above all, English people will give their height, weight and so on in old measures. And while women buy clothes in 'old' UK sizes which are now based on metric measurements, male vital statistics seem always to be given in inches (perhaps because most men have two feet but none have a full metre).

Will all this change? Perhaps. However, English-speaking America still uses England's old units, and that helps reinforce them here. And in 2009 the EU formally scrapped plans to ban our old units, so now we can use them alongside metric for as long as we want. It looks like there's still some mileage in our muddled measurements.

Frankly my dear, I don't give a gramme. I'm off for a 568ml.



Grammar Spod:

To borrow or lend.. that is the question!

As English teachers we very often hear students of all nationalities making the same mistakes in class. This next subject of our Grammar Spod is one of the most common mistakes. Borrow and lend are two words that seem to confuse people quite often, but there is a simple rule to help you remember the difference.

If you borrow something, you take it from someone for a short time and later you return it. You borrow books from a library and you borrow from a bank.

When you lend something to somebody, you give it to them for a time but you expect it back. You lend a pen to a friend or a bank lends you money (a loan).

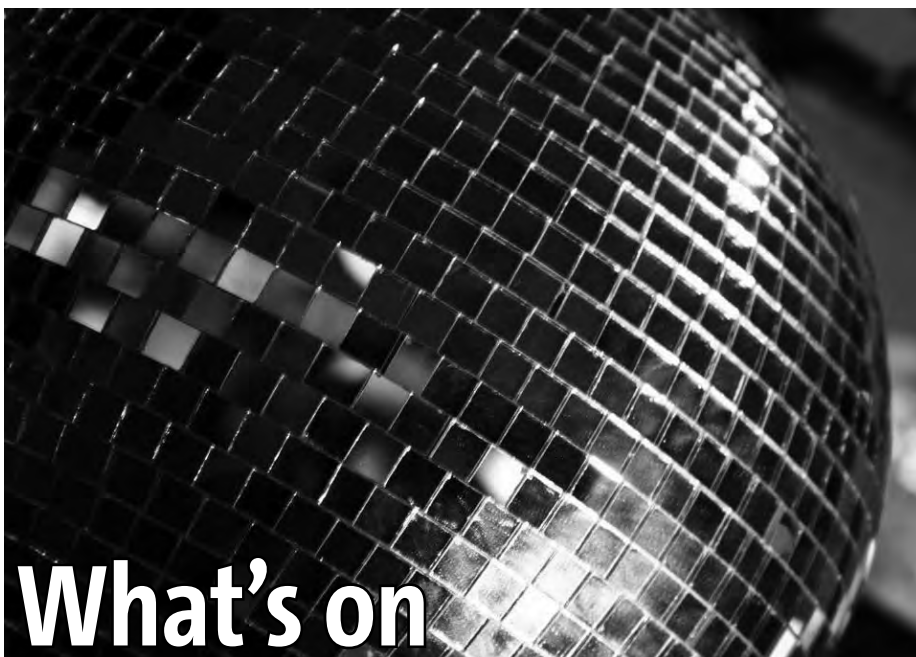
Coffee Break

Code Breaker

In this cross word without clues, each letter is represented by a number.
To complete the crossword decode all the numbers in to words.

7	26	7	22	7	6	2		22	6	25	9	7	6	2
22		4		21		5		23		9		6		12
5	4	26	23	22		2	24	5		21	5	22	3	5
16			4	5	2	12		24	5	15	2			11
23	24	23	23		19		20		18		16	7	25	4
			13	5	6	16	23	22	25	2	23			
18	4	7	16		23		8		4		22	6	10	10
5				20	5	14	23	4	25	9				7
24	5	17	23		21		18		16		4	15	9	1
			17	6	25	26	23	4	25	9	23			
2	23	23	22		9		4		23		5	13	16	2
9			23	26	17	15		6	2	23	22			25
5	7	22	16	5		7	11	9		5	9	7	26	23
17		6		16		21		25		2		24		17
2	25	9	13	23	22	23		16	12	23	5	16	22	23

1		14	
2		15	
3		16	
4	L	17	
5		18	
6		19	
7	O	20	
8		21	
9		22	
10		23	
11		24	
12		25	
13		26	D



What's on

4th Aug BMAD Bike Nights

Hundreds of motorcycles of all shapes and sizes will be taking over Paignton Green along with live entertainment, this social event is fun for all the family. Organised by Bikers Make A Difference (BMAD) this wonderful festival helps raise money for various local charities, including Devon Air Ambulance.

BMAD Bike Nights 4 Aug 2010
BMAD Bike Nights 11 Aug 2010
BMAD Bike Nights 18 Aug 2010
BMAD Bike Nights 25 Aug 2010

Paignton seafront, Paignton
Devon, TQ4 6AG
Tel: 01803 211 211

5th Aug Brixham Pirate Days

Ahoy there me hearties!!
The Brixham Buccaneers invite you to experience their swashbuckling pirate antics. With the magnificent Golden Hind as a backdrop, our colourful crew provide music and entertainment for the whole family. Face painting, stocks, puppets, crafts, storytelling and balloon modelling are just a few of the exciting activities.

Brixham Pirate Days 5 Aug 2010
Brixham Pirate Days 12 Aug 2010
Brixham Pirate Days 19 Aug 2010
Brixham Pirate Days 26 Aug 2010

Brixham Harbour
New Quay Lane
Brixham
Devon
TQ5 8AJ
Tel: 01803 850382

6th – 8th Aug Torbay Steam Fair

If you have a love of steam traction engines and would like a nostalgic trip back to the past then the Torbay Steam Fair is for you. Collecting money for various charities there are also numerous refreshments stalls as you wondering around the fantastic engines.

Dartmouth Road
Churston
Brixham
TQ5 0JT
Tel: 01803 211211

7th – 15th Aug Paignton Regatta

Now in its 163rd year, Paignton Regatta is a good old fashioned week of traditional seaside fun, mainly taking place on Paignton Green. The pack programme of events feature rowing, athletics, cycling, cricket, tennis, rounders, live music, RNLI and coastguard demonstrations, the Veedub Car Festival, Songs Of Praise, a 'Round the Pier' swim, fireworks, a fairground and a whole host of other fun and games for all the family.

7th – 15th Aug Paignton Regatta Firework Cruise

Firework Cruise for Paignton Regatta - one night during the festivities. Enjoy a beautiful evening cruise before seeing the fireworks set off. Call for details. Departing from Princess Pier, Torquay and the Quay, Brixham.

Contact www.greenwayferry.co.uk for details.
Paignton Seafront
Tel. 01803 882811

14th Aug 19.00 Slade Concert

Glitterballs presents a Glamrock extravaganza with great support from Heroes and The Ziggiz. Plus the legendary RST 70s Roadshow Disco. You'll have the Glam, the Rock, the Disco, the Punk, the Soul, the Mod, the Ska and a truly wonderful night to remember.

Fully licensed bar and food available on the night. £25 per ticket.

Advance ticket sales available from the Box Office on 01803 206333 or from Torquay, Paignton and Brixham Tic' or telephone 01803 211211
www.myglitterballs.com

18th – 20th Aug Children's Festival

Join Cosmo the Clown for the 65th Children's Festival on Paignton Green. Expect music, magic and a hint of mischief, with a packed programme that includes wildlife displays, cookery sessions, treasure hunts, discos, competitions, circus acts, street entertainers and the return of the infamous Children's Festival Water Fight!

Paignton Green, Paignton, TQ4 6BW
Tel: 01803 211211

20th Aug Brixham Regatta Fireworks

Don't miss this fantastic fireworks spectacular on Furzeham Green, Brixham.

20th Aug Brixham Regatta Firework Cruise

Firework Cruise for Brixham Regatta, departing from Princess Pier Torquay and a special evening cruise from the Quay Brixham, back in time to see the wonderful display. Contact www.greenwayferry.co.uk for details. Tel. 01803 882811.

20th – 25th Aug Dartmouth Royal Regatta

Dartmouth Royal Regatta Cruises: Red Arrows, Fireworks, Air Displays Day Trips

More services to get you to the heart of the action from Princess Pier Torquay and the Quay Brixham – leave the car at home and enjoy your day and evening.

Contact www.greenwayferry.co.uk for details. Tel. 01803 882811

20th – 25th Aug Torbay Week

Torbay Week is the only dedicated sailing regatta where the four individual yacht and sailing clubs of Torbay come together to create a superb week of highly-charged

competitions. Expect to see hundreds of yachts and dinghies of all classes racing across the Bay in a bid to win numerous prestigious trophies including the renowned Admiral's Cup.

Torquay Yacht Club, 12 Beacon Terrace
Torquay, Devon, TQ1 2BH
Tel: 01803 211 211
www.torbayweek.co.uk

21st – 25th Aug

Torbay Royal Regatta

Torbay Royal Regatta has been a local community highlight for almost two centuries and this year's event is no exception. Enjoy everything from rowing races and the 10km road race, to car rallies and water-ski displays. Highlights also include the Torbay Regatta Fireworks (23 August at 9.30pm) and the Red Arrows (25 August at 6pm)

Regatta Fair 21-25 Aug

Day	Opening Times
Monday	12:00 - 23:00
Tuesday	12:00 - 23:00
Wednesday	12:00 - 23:00
Saturday	12:00 - 23:00
Sunday	12:00 - 23:00

Rowing Events 21 Aug

Day	Opening Times
Saturday	10:00 - 17:00

10K Road Race 22 Aug

Day	Opening Times
Sunday	19:00 - 20:00

Spectacular Fireworks 23 Aug

Day	Opening Times
Monday	21:30 - 22:00

Water Ski Spectacular 24 Aug

Day	Opening Times
Tuesday	19:00 - 20:30

Rolls-Royce Enthusiasts Club 25 Aug

Day	Opening Times
Wednesday	11:00 - 18:00

The Red Arrows 25 Aug

Day	Opening Times
Wednesday	18:00 - 18:30

25th Aug

Safari BBQ Night

Experience Paignton Zoo 'after hours' at one of our new BBQ Nights. Featuring animal enrichment at selected enclosures, Jungle Express train rides around Gibbon Island and more. All enjoyed with sumptuous locally sourced BBQ food and musical entertainment in our Island Restaurant and garden.

Tickets: £15 Adult , £12 Children
10% discount for Annual Members
Time: 5.00pm - 9.00pm

Booking is essential
For tickets please telephone 01803 697500
or email info@paigntonzoo.org.uk

27th – 30th Aug

Continental Market

Celebrating the best of French and Continental produce!

Lots of delights to tempt the most discerning of palates and purses!

Princess Promenade
Torbay Road, Torquay
Devon, TQ2 5EZ
Tel: 01803 211211

28th Aug

Cruise Ship Visit

Tor Bay is a safe, natural harbour and so is perfect for docking Cruise Ships - This year we are set to have 2 very impressive cruise ships dropping anchor in our beautiful bay, with passengers keen to explore the South Devon coast. Tor Bay, Beacon Quay
Torquay, Devon, TQ1 2BG
Tel: 01803 292429

28th - 29th Aug

Ocombe Music Festival

Following on from Ocombe's award-winning Beer Festival - our first summer Music Festival is setting the stage for a spectacular summer, and one for the whole family. Live bands and soloists will take to the stage for two days packed with well-known hits and original tracks.

Including performances from:
Laura White, from the X Factor 2008 and the hugely successful local band The Quails, who opened for Muse on the first night of their Resistance Tour in Teignmouth.

The festival opens at 12pm each day, with music from 2 - 11pm.

Daily Ticket: £15 Weekend Ticket: £25

Ocombe Farm, Preston Down Road,
Paignton, TQ3 1RN
www.occombemusicfestival.co.uk

For more information on events in Torbay visit www.englishriviera.co.uk

LAL Excursions

- 03/08 Totnes Walk/Shops
Dartmoor by Dusk/Night
- 04/08 Dartington Hall
Country Pub Tour
- 05/08 Plymouth Barbican/Hoe
Kents Cavern Ghost Night
- 06/08 Castles of South Devon
- 07/08 South East Cornwall
- 10/08 Scenic Dartmouth
Jazz Night Torquay
- 11/08 Brixham & Berry Head
Country Pub Tour
- 12/08 Exeter Walk/Shops
Kents Cavern Ghost Night
- 13/08 Dartmoor Highlights
Country Pub Tour
- 14/08 Cardiff City Tour
- 17/08 Totnes Walk/Shops
Dartmoor by Dusk/Night
- 18/08 Greenway House & Gardens
Country Pub Tour
- 19/08 Plymouth Barbican/Hoe
Kents Cavern Ghost Night
- 20/08 East Devon Delights
- 21/08 North Cornwall
- 24/08 Kents Cavern Tour
Jazz Night Torquay
- 25/08 Cockington & Torquay
Country Pub Tour
- 26/08 Exeter Walk/Shops
Kents Cavern Ghost Night
- 27/08 Dartmoor Highlights
- 28/08 Stonehenge & Salisbury
- 31/08 Totnes Walk/Shops
Dartmoor by Dusk/Night
- 01/09 Coleton Fishacre
Country Pub Tour
- 02/09 Plymouth Barbican/Hoe
- 03/09 South Hams Highlights
- 04/09 Bath & Wells City Tour

Full descriptions of all excursions are printed in the LAL Torbay Guide and at www.laltorbay.co.uk/guide.

This programme may change. Please see this week's excursion planner, available from the Excursions counter.

D	I	P	E	R	K	J	Q	B	G	T	V	V
26	25	24	23	22	21	20	19	18	17	16	15	14
C	H	W	F	N	Z	O	U	A	L	M	S	X
13	12	11	10	9	8	7	6	5	4	3	2	1

Code Breaker answers:

Measured language: 1F, 2C, 3E, 4I, 5G, 6D, 7H, 8A, 9J, 10B

Princess Theatre Torquay

Torbay Road, Torquay, Devon, TQ2 5EZ
01803 290288
www.princesstheatre.org.uk

1st Aug 20.00

Jimmy Carr – Rapier Wit

A heady mix of artistic integrity, loyalty and greed has put Jimmy back on the road.

If you only see one comedy show this year... what's the matter with you? Get out more.

A 'rapier' is the long sword of a gentleman.

'Rapier wit' is defined as clever, quick, intelligent humour.

Please note, Jimmy Carr doesn't have 'the long sword of a gentleman' and even if you like him, 'clever, quick and intelligent' is a bit of a stretch.

7th Aug 19.30

Magic of Motown

Direct from the USA . . . The Reach Out Tour

Live on stage it's the music of the Temptations, Diana Ross & The Supremes, Four Tops, Stevie Wonder, Jackson 5, Marvin Gaye, Lionel Richie, Martha Reeves, Isley Brothers & scores more.

The best live Motown tribute concert show boasts: a superbly-choreographed cast, 36 million-selling hits, dozens of dazzling costume changes, that authentic Detroit sound – direct from sell-out shows in London's O2, Glasgow 's SECC, Wales Millennium Centre and the Belfast Waterfront.

Includes all-time-favourites: Stop in the Name of Love; Get Ready; I Want You Back; I Heard it Through the Grapevine; Signed, Sealed, Delivered; I Can't Help Myself & more. Sixties classics give way to present-day masterpieces from Lionel Richie & Diana Ross.

12th Aug and 26th Aug 19.30

Joe Pasquale

Last year Joe decided to go on sabbatical to go in search of the ancient muffin of San Miguel. During his travels running with the great white elephants of Africa, he spent his time living with a tribe who named him 'He Who Runs with the Elephants'. He learnt many things... that ICI made enough carpet fibre to go round the world twice and it's impossible to lick your own elbow. He'll be passing everything he has learnt this year to his adoring public. If you've never seen a show that makes any sense then make this one your first!

13th Aug 13.30

Dangermouse Saves the World

The whole team are back together from Colonel K, trusty sidekick Penfold to arch enemies Baron Silas Greenback, Nero

and Stiletto. There is even a special appearance from Agent 57 if you can spot him?

This all new family show charts Danger Mouse from his early years before he became the famous crime busting crusader right up to 2010. When the then retired secret agent - upholder of justice, lover of small puppies, helper of old ladies across the road and all round nice guy who'd help anyone out of a jam or even marmalade come to that is called upon to save the world one more time. This nostalgic eighties character show is ideal for children from five to one hundred and five.

So why not bring yourself, your kids, your mother and even your granny to see what promises to be an afternoon of hilarious, side splitting family entertainment.

Danger Mouse Saves The World is the fun family show of 2010.

14th and 30th Aug 19.30

That'll be the day 25th Anniversay Show

Trevor, Gary and the gang return with the show's 'greatest hits' featuring the most popular feel-good comedy routines and favourite hits from the 1950's, 60's and 70's which have been performed in the show over the last 25 years.

17th, 24th and 31st Aug 19.30

Abba Mania

'ABBA MANIA' is now accepted as the world's number one touring production, featuring a special concert presentation, which celebrates Abba's music in a respectful and enjoyable way, reviving special memories of when Abba ruled the airwaves. Fresh from a smash hit tour of South Africa, America and Hong Kong in 2009, 'ABBA MANIA' returns to the UK to bring old and new fans a night not to be missed.

Join in and enjoy all your favourites, including 'Mamma Mia', 'Voulez Vous', 'Dancing Queen', 'Winner Take It All', 'Super Trooper' and many more. Fancy dress recommended!

18th Aug 14.00, 19th Aug 11.00 and 14.00

Postman Pat

Postman Pat returns to UK theatres as the newly promoted Head of the Special Delivery Service (or SDS) with his brand new show "A Very Royal Mission".

In Pencaster, everyone has received a letter from the Palace, delivered by Pat and his faithful cat Jess, of course. Someone special is coming to open the brand new SDS Sorting Office and they only have a short time to get themselves, and Pencaster, prepared for a very royal visit.

Mrs Giggins, Ted Glen and Ben Taylor are helping with the preparations, while PC Selby finally has something important to do! What could possibly go wrong.....?

But look out! Just as everything is prepared a storm hits Pencaster throwing the royal visit into doubt. Only one man can be counted on – the Head of the SDS, Postman Pat of course... with a little help from his trusty sidekick Jess the Cat and his brand new SDS Helicopter!

Get ready for takeoff and join Pat and his friends in 90 minutes of fun and participation, and remember no job is too big – the special delivery always gets through! Mission Accomplished!

27th Aug

Back for Good 19.30

Recreating the magic of Take That. If you like Take That you will LOVE Back For Good!

With their amazing dance routines, numerous costume changes and phenomenal live performances, adoring fans will be singing and dancing within minutes and left with little doubt that they are watching 'The Greatest Boy Band Of All Time'.

Featuring a feast of your infectious feel-good favourites such as 'Relight My Fire', 'It Only Takes A Minute Girl', 'Everything Changes', 'Could It Be Magic' to the heart warming 'Babe', 'Love Ain't Here Anymore' and 'A Million Love Songs' you will be putting your hands together to 'Pray' that boys are truly 'Back For Good'!

Babbacombe Theatre Torquay

Babbacombe Downs, Torquay,
Devon, TQ1 3LU
Box Office: 01803 328 385
Email: info@babbacombe-theatre.com
www.englishriviera.co.uk

7th Aug 20.00

Elvis Rocks

The Definitive Elvis. The most concise theatre musical production encompassing Elvis' incredible musical journey from his humble beginnings at the Sun Studios, Memphis Tennessee to the iconic world superstar of Las Vegas.

21st Aug

Jethro

Jethro makes a welcome return for his third season at the theatre, appearing on the 21st August and 4th & 18th September. Tickets always sell out fast, so make sure to check dates for availability.

Rear Window



Dartington Gardens