



# Cape Town

## TIMETABLE



### WEEK 1

	SUN	MON	TUE	WED	THUR	FRI	SAT
07.15	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08.30	Arrivals / Departures Optional Excursion Free day with Friends	Induction/ Lessons	Lessons	Lessons	Lessons	Lessons	Full-day Excursion
10.00		Break	Break	Break	Break	Break	
10.30		Lessons	Lessons	Lessons	Lessons	Lessons	
12.00		Lunch	Lunch	Lunch	Lunch	Lunch	
13.00		Half-day Excursion	Half-day Excursion	Half-day Excursion	Half-day Excursion	Half-day Excursion	
18.00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19.30	Free Time	Activities	Activities	Free Time	Activities	Activities	Evening with Friends
22.30	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time
23.00	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out

### WEEK 2

	SUN	MON	TUE	WED	THUR	FRI	SAT
07.15	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08.30	Arrivals / Departures Optional Excursion Free day with Friends	Induction/ Lessons	Lessons	Lessons	Lessons	Lessons	Full-day Excursion
10.00		Break	Break	Break	Break	Break	
10.30		Lessons	Lessons	Lessons	Lessons	Lessons	
12.00		Lunch	Lunch	Lunch	Lunch	Lunch	
13.00		Half-day Excursion	Half-day Excursion	Half-day Excursion	Half-day Excursion	Half-day Excursion	
18.00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19.30	Free Time	Activities	Activities	Activities	Activities	Activities	Evening with Friends
22.30	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time
23.00	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out

Please note that this is a sample programme and is subject to change