



Upgrade GAME, SET & MATCH

The Game, Set & Match! Upgrade package for St Swithun's School in Winchester is designed to be taken in conjunction with the regular Summer School English programme.

Students who choose this option will receive tennis training and development sessions with LTA (Lawn Tennis Association) qualified coaches. There will also be an additional excursion to Wimbledon Stadium and Museum on the second week of the course.

Fun is the key

The lesson plans will include technical, tactical and fun based tennis games for the students. The emphasis is on fun and enjoyment of tennis as well as ensuring the students enjoy themselves. Students improve both their tennis skills and their English skills at the same time.

Tennis courts

St Swithun's School has 10 hard surface tennis courts.

Sample Training Session

- Welcome, Introduction & Register
- Warm Up
- Forehand
- Technique and development
- 20 Minute Break
- Backhand Practice
- Lunch
- Forehand & Backhand Games
- Volleying
- Tennis Games
 - Tennis Cricket
 - Around The World
 - Prisoners
 - Jail Break
 - Texas Tennis

i Game, Set & Match! package £75 per week. The Wimbledon tour will be included for all upgrade courses booked for two or more weeks.

Upgrade packages are an additional supplement and must be taken in conjunction with a Summer School English course.

Each week has three 2.5 - 3 hour sessions which will include warm up, cool down, training drills, technique, developmental games and tournaments.

All equipment is provided. Students are welcome to bring their own rackets if they prefer.



Tennis Courts at St Swithun's





Game, Set & Match

TIMETABLE



WEEK 1

	MON	TUE	WED	THUR	FRI	SAT	SUN
8.00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
9.00	Arrivals/ Departures	Induction/ Lessons	Assembly	Assembly	Full-day Excursion	Assembly	Breakfast
9.10			Lessons	Lessons		Lessons	Lessons
10.00		Break	Break	Break		Break	
10.40		Level Test/ Lessons	Lessons	Lessons		Lessons	
11.00		Lunch	Lunch	Lunch		Lunch	
12.30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
14.00	Arrivals/ Departures	Assembly	Half-day Excursion	Assembly	Dinner	Assembly	Assembly
14.10		School Tour & Walk into Winchester		GAME, SET & MATCH		GAME, SET & MATCH	GAME, SET & MATCH
15.30		Dinner		Dinner		Dinner	Dinner
16.00		Dinner		Dinner		Dinner	Dinner
18.00	Assembly	Assembly	Assembly	Assembly	Assembly	Assembly	Assembly
19.00	Treasure Hunt	Welcome Disco	Quiz time!	Gladiator Tournament	Chill Out Night / LAL Cinema	Summer Fete	Speed Friending
22.10	House Meeting & Bed Time	House Meeting & Bed Time	House Meeting & Bed Time	House Meeting & Bed Time	House Meeting & Bed Time	House Meeting & Bed Time	House Meeting & Bed Time
23.00	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out

WEEK 2

	MON	TUE	WED	THUR	FRI	SAT	SUN	
8.00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
9.00	Assembly	Assembly	Assembly	Assembly	Full-day Excursion	Assembly	Assembly	
9.10	Activities	Optional Excursion	Lessons	Lessons		Lessons	Lessons	Lessons
10.00			Lessons	Lessons		Lessons	Lessons	
10.40			Break	Break		Break	Break	
11.00			Lessons	Lessons		Lessons	Lessons	
12.30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
14.00	Activities	Half-day Excursion	Assembly	Assembly	Dinner	Assembly	Assembly	
14.10			TOUR OF WIMBLEDON STADIUM	GAME, SET & MATCH		GAME, SET & MATCH	GAME, SET & MATCH	
15.30			Dinner	Dinner		Dinner	Dinner	
16.00			Dinner	Dinner		Dinner	Dinner	
18.00	Assembly	Bigger Better Best	Talent Show & Karaoke	Dragon's Den	Casino & Auction	Graduation Ceremony & Farewell Party		
19.00	Trash Fashion							
22.10	House Meeting & Bed Time	House Meeting & Bed Time	House Meeting & Bed Time	House Meeting & Bed Time	House Meeting & Bed Time	House Meeting & Bed Time	House Meeting & Bed Time	
23.00	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	

Please note that this is a sample programme and is subject to change.